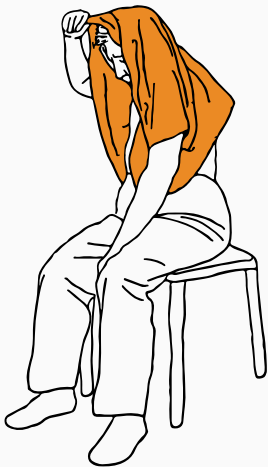




# Occupational Therapy Toolkit

## Removing Open Front Garment Using One-Handed Method (Left Side Affected)



1

Grasp the back of the collar.



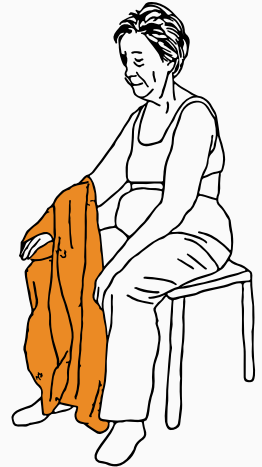
2

Pull the shirt over your head.



3

Remove your left arm from the sleeve.



4

Remove your right arm from the shirt by rubbing it against your leg.

