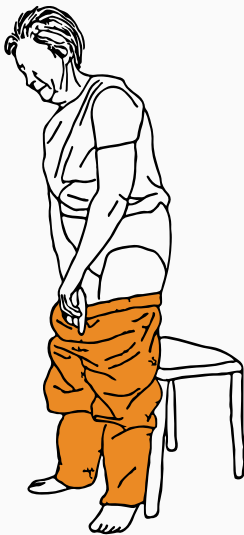




Occupational Therapy Toolkit

Removing Pants and Underwear Using One-Handed Method (Left Side Affected)



1

Unfasten your pants while still sitting. Stand and push your pants down both hips.



2

Sit down.



3

Remove the pants from your left leg.



4

Cross your leg over your left and remove the pants from your right leg.

